NewsLetter

Gooding Institute of Nurse Anesthesia
Bay Medical Center
Panama City, Florida

Number 56 August, 2004

Gooding Institute Party

Honoring ALUMNI*!*STUDENTS*!*FACULTY*!*STAFF

August 28, 2004
Saturday
6:30 pm

Nika Janos, MS, CRNA - Her house ¨ 5314 Soule Drive, Parker, FL (850)-871-5389

SEE MAP

PLEASE let Geniece know that you are coming so we can get a headcount (850) 747-6918

Retirement X2

Two long-term BMC CRNAs hung it up in June…John Daniels and Stan Hicks. They were both launched into their new lives with separate, major parties. Sixty-three years of anesthesia service and student teaching between these two gentlemen. Take a break, you've earned it!

Donna Bodner, MS, CRNA '96

Our assistant program director was honored for her 10 plus years as a faithful BMC employee. She was presented with a fancy pin at an official award ceremony in the GINA office.

Accreditation and License

Our annual renewal process (Lots of paperwork) was completed in June and forwarded to the Council on Accreditation of Nurse Anesthesia Educational Programs and the Florida Commission for Independent Education.

Frank Jaworski, MS, CRNA '00

Dear Geniece:

We received your terrific newsletter and we're delighted to say that we'll be driving to Panama City to take part in the Gooding Institute Party. We'll have our boys with us, of course, so please let me know ASAP if it's an adult-only party. We still have plenty of friends in PC, so if need be, we'll find somewhere for them to go with some of our friends.

Frank is taking off the week before the party so we can go to PC and visit with some friends, too. We might even go to Destin for one of those days. We promised to take the boys to the Big Kahuna.

Have a great day and keep us posted on what's going on!

Sincerely, Anna Jaworski

Heidi Hamilton, CRNA '90, MS '01

Hi Geniece,

Well we have moved to Tampa now from Coronado. Frank is now a Science Advisor at MacDill AFB. It is nice to be back in Florida, although the weather is really starting to warm up down here. I keep wondering how hot it will actually get. Joyce Wilson says hotter than the hinges of hell! Now that is hot! Living here has also put me in touch with Lisa Blan, Lisa Scott and Susan Bankston. We have all been to dinner together a couple of times and would like to start a traditional monthly girl's night out. It is so nice to move to a place where there are already people that I know.

Tell Dave that after 2/12 years of being a stay-at-home Mom I am finally getting a chance to use that Master's Degree! I started working part-time at Mease-Countryside Hospital in Clearwater. The job is very challenging for a rusty chick like myself, that hasn't done any big cases in about 5 years. I am routinely doing carotids, AAA repair, carotid stent placement in x-ray, major all-day back cases, and laparoscopic gastric bypass. We are expanding too so there may even be a heart program here in a year or so.

I am writing also to RSVP for the Gooding Institute party. Now that I am closer to Panama City I can easily attend. I am putting the date on my calendar now. My new address is: 4606 S. Matanzas Avenue, Tampa, FL 33611. Phone: 813-835-4336

Look forward to seeing you and everyone else soon!

Anita Ross, MS, CRNA '03

Sweet Geniece!!!!

I received your email late last week and thought

how I needed to burn a CD of photos for you from the last few weeks of school and from graduation. So naturally our computer decided to die over the weekend and we ended up losing all the photos I had modified and saved from that time! The good thing is our computer is once again up and running no thanks to hours on the phone with tech support and stopping Derrick from throwing it out the front door several times. We never knew how much we used it!

Work is great. I now know why everyone used to write back to say how they loved their new jobs. I was recently asked if there are students to recruit from Gooding and I volunteered to make a visit to the coast and Canopies if necessary. I don't think that idea flew. It's a great group of people and the cases we see are pretty bizarre. I thought I had everyone from my class trumped until I read Bill's emails. They make me sad and concerned for him. Otherwise, everyone else has been keeping in touch. The Ezzell's and us are planning a trip to see Susan and Jeff in Tampa in July. Man, do I miss her! People here ask me about school all the time and I always go back to my friends. Such a special group.

Derrick is getting better and better. The graft to his femur is partially intact, so the surgeon here told him to try 100% weight bearing. He is being fitted for an accessory for his prosthesis so he can grip a golf club. Every so often we re-visit the event, but then thank God for the people who prayed so hard for him. We are so very lucky.

Thanks for checking in. I promise to get some photos to you soon.

Have a great day, I will talk with you again soon.

William Nummy, MS, CRNA '03

Hey – I was just wanting to check in with you guys. Things are busier here. We are getting rocket and mortar attacks frequently throughout the day. They seem to be landing closer and closer. I am getting the feeling someone really does not like us over here. (HA HA) I was going to have to go down to Fallejah a couple of days ago. The other CRNA and I flipped a coin and he lost. So he got on a bird and is down there with the Marines. We are steady here. I am set up so I can run two tables at once. Good thing is that there is no charting. I taught a airway management class to about 30 local doctors during a trauma conference we put on. I kept all the lectures on disc and I also took pictures. I take pictures of everything I can. Good & bad. It sure has been a lifetime of experiences. Amanda says Jack is getting so big and that he definitely looks like me. Poor child! Other then the pictures I look at, it is still hard to believe that I am a father. I guess I should be thankful I was there for the birth a lot of these guys could not get back. It will be hard working with an ologist again. I am very much used to functioning on my own. You know, if I went to any school other than the Gooding Institute I do not think I would have been a strong enough CRNA to step in and do this. This is a compliment to you Dave. You really have to be on your game 7 days a week here. I thank you for preparing me for this. I have encountered other CRNAs in theater that depend too much on someone telling them what to do. My replacement in Afghanistan never pushed his own drugs back where he came from. I gave him a reality check before I left. I told him he was it and that there was no ologist here to hold his hand and back him up. He is doing fine from what I hear. I expect to be home in September. I am looking forward to getting back to work. I need to buy Amanda a house. God knows she deserves it. I thank God for her everyday. I am really looking forward to seeing her and Jack again. So what is the news lately? Anything going on at Bay? How is the weather? You are not going to believe this but it is hot here! (HAHA) Qatar and Kuwait are the worst, 130-140's F. It was hell on earth. I am down to 12-13% body fat and I have put muscle on. I have been working out since I left PC so I hope to surprise Amanda when I get home. I do not sleep well. Explosions are pretty much around the clock and I am a light sleeper anyway. I have nightmares but that is because of the anti-malaria pill I take weekly. They have been finding headless bodies around Kurkuk but cannot ID them. This used to be an old Iraqi air base. I told you that we live in an old concrete MIG hanger right off the runway/helicopter pad, right where all the fire is directed. We had one 100 meter away. I had one closer in Salerno that lifted me out of my cot and onto the floor. It was pretty scary to say the least. Good thing I

live in a concrete hanger and not a tent like before. I have been going out on patrols with the infantry. Those kids are truly heroes. I voluntarily go out every other day but those guys put it on the line every day. When I am out there they feel the need to protect me. They say "a dead medic never helped anyone". I am learning a lot about combat tactics and maneuvers. I am also part of a quick reaction force where when a patrol takes fire you immediately move to that area to provide support. You go with them on planned raids and treat the wounded. It is pretty scary because it is mostly at night. It will be weird not carrying a weapon or being in civilian clothes again. I miss a lot of things. It is hard over here. We try to keep each others spirits up. We open packages together and share pictures with each other. It helps with the loneliness. Well, I guess I have rambled enough. I miss you guys, I hope to be home soon. When is the Hail party? I might not be able to make it, but I am sure someone will drink some for me. Take care!

Bill

Stan Hicks, CRNA

The old, retired guy just kicked in an extremely generous financial gift to our Lynn O. Johnson Endowed Scholarship Fund. The fund provides annual scholarships to selected students attending the Gooding Institute. Thank you, Stan…we know our friend, Lynn is grateful.

STUDENT MONEY

…Traineeship that is…The department of Health and Human Services Health Resources and Services Administration (HRSA) just announced that they accepted GINA's application. The total grant is for $5,078.00 to be split among our 14 first year students as they enter our program. For those without calculators, that's $362.71 apiece and…for our first year students advancing to their second year, $523.29 apiece from a separate $7326.00 grant.

Comprehensive Written Exams

PARTY TIME! Both of our current classes will be taking a 150 question "quiz" in September, then on to individual oral exams. Passing is required.

"Well behaved women never made history."- Eleanor Roosevelt

Susan Bankston, MS, CRNA '03

Hey there!

You are crazy. Next time let me know and I will write an e-mail that makes more sense to more people. I can't believe you put that in there. I will say thanks for finding a decent photo of me. Gosh, I miss all of you.

Susan

Thanks for the great newsletter.

North Star Financial Planning

A representative from the Minnesota-based group conducted a financial planning workshop for our students on July 12, 2004. This organization was recommended by other nurse anesthesia programs.

For all those who have forgotten what Dave & Geniece look like…?